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ABSTRACT OF THE DISCLOSURE

An optical information medium comprises a supporting substrate 20, an information recording surface 4 on the supporting substrate 20 and a light-transmitting layer 2 on the information recording surface 4. Recording light and/or reproducing light are incident on the information recording surface 4 through the light-transmitting layer 2. The light-transmitting layer 2 comprises a light-transmitting sheet 201 formed of a resin such as polycarbonate, cyclic polyolefin and polyarylate and an adhesive layer 202 for bonding the light-transmitting sheet 201 to an associated side of the supporting substrate.